



## RESOURCES FOR CAREGIVERS

Caregivers include resource parents, relatives, and legal guardians/adoptive parents (Families with a Foster Family Agency (FFA), please also contact your FFA Social Worker for additional services.)

### HELP SHEET

**You are not alone and are a valued team member in caring for our children.  
We are here to provide supports and services to help you and your family.**

#### **Family Urgent Response System (FURS)**

Staff are available to assist youth and caregivers with any issue, big or small, that needs attention for placement stability (to support the caregiver and the placed youth when in crisis or needing urgent support). FURS is a neutral and judgment-free resource. In-person response is often available within 1 hour.

- Available 24/7, 365 days a year.
- Call or text: **(833) 939-FURS** | **(833) 939-3877**
- Email: [info@cal-furs.org](mailto:info@cal-furs.org)
- Website: [www.cal-furs.org](http://www.cal-furs.org)

*Staff are available to you and current or former foster youth (up to age 21) to provide immediate help and in-person support.*

#### **Caregiver Warmline**

Staff can provide you with contact information for the DCFS/Probation Child Welfare (PCW) staff assigned to your case, foster care payment questions or missing payments, adoption information and recruitment, Medi-cal card issues, and Relative Support services.

Available 7 days a week, M-F: 1-11 PM & Sat-Sun: 11 AM – 9 PM

- Phone: **(877) 323-7165**
- Email: [warmline@dcfs.lacounty.gov](mailto:warmline@dcfs.lacounty.gov)

#### **Relative Support Services**

The Relative Support Services (RSS) community-based agencies provide supportive services to Kin caregivers throughout Los Angeles County. RSS serves ALL Kin caregivers residing in Los Angeles County, open formal welfare case or not, including Kin caregivers associated with other counties. RSS agencies offer a wide range of supports, including (but not limited to): emergency financial support, Kin caregiver support groups, referrals to community-based supportive services, tutoring for youth in Kin care, recreation activities for caregivers and youth, legal assistance, transportation, food and housing. Kin caregivers can self-refer or be referred by any service provider associated with the family. To be referred, Kin caregiver should contact the LA County Caregiver WarmLine above.

**\*Serving all of Los Angeles County**

**\*\*These resources are focused to assist Caregivers as defined above. If you need resources for your child/youth/Non-Minor Dependent (NMD), please contact their County Worker (CSW/DPO).**



## Community Support and Service Programs for Caregivers

	Crisis Support 24/7	Support Group	Mentoring 1-on-1 Support	Advocacy	Training/ Education	Health/ Mental Health Support	Resource Information / Referrals
<b>Alliance of Relative Caregivers *</b> <a href="http://www.allianceofrelativecaregivers.org">www.allianceofrelativecaregivers.org</a> Sylvie de Toledo, LCSW Phone (818) 789-1177, (818) 419-0306 Email <a href="mailto:sylviedetoledo@gmail.com">sylviedetoledo@gmail.com</a> Pam Meeker Stolz (818) 203-2763 Cheral Hymen (661) 478-1881 Email <a href="mailto:cheral.hymen@gmail.com">cheral.hymen@gmail.com</a> Español: Marcie Megana (323) 828-4158 Mirza Arroyo (818) 482-8288 Betty Lopez (562) 644-3893	✓	✓	✓	✓	✓		✓
<b>California Alliance of Caregivers</b> <a href="http://www.cacaregivers.org">www.cacaregivers.org</a> Phone (530) 312-0480 Email <a href="mailto:info@cacaregivers.org">info@cacaregivers.org</a> English and Spanish Serving all CA Counties Statewide		✓	✓	✓	✓		
<b>Faith Foster Families Network (3FN) *</b> <a href="http://www.faithfosterfamilies.org">www.faithfosterfamilies.org</a> Phone (323) 531-7900 Email <a href="mailto:info@faithfosterfamilies.org">info@faithfosterfamilies.org</a>		✓	✓	✓	✓		✓
<b>Foster All *</b> <a href="http://www.fosterall.org">www.fosterall.org</a> Phone (818) 649-8003 Email <a href="mailto:info@fosterall.org">info@fosterall.org</a> Support Groups in English and Spanish		✓	✓		✓	✓	✓
<b>Foster and Kinship Care Education *</b> <a href="http://tinyurl.com/FKCECLASSES">http://tinyurl.com/FKCECLASSES</a> Phone (818) 364-7736 Email <a href="mailto:granadmi@lamission.edu">granadmi@lamission.edu</a> English and Spanish					✓		✓
<b>Fostering UNITY *</b> <a href="https://fosteringunity.org/">https://fosteringunity.org/</a> Caregiver Help & Resource Line Request a Caregiver or Youth Mentor Phone (213) 269-0000 Spanish Speaking Support Phone (213) 269-0193 Mandarin Speaking Support Phone (213) 655-7310 Complex Needs Children/Youth Support Phone (213) 269-2924	✓	✓	✓	✓	✓	✓	✓
<b>Raise A Child *</b> <a href="mailto:Advocate@RaiseAChild.org">Advocate@RaiseAChild.org</a> Phone (877) 417-1440 English and Spanish		✓	✓	✓	✓		✓

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